

Episode 114-- How to be (Safely) Raised Hunting

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SPEAKERS

David Holder, Karin Holder, JJ Janflone, Kelly Sampson



JJ Janflone 00:08

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JJ Janflone 00:38

Hey, everybody, welcome back to another episode of Red, Blue, and Brady. As always, this hasn't changed. I am your host, JJ Janflone.



Kelly Sampson 00:45

And I'm also your host, Kelly Sampson.



JJ Janflone 00:47

Yes, I am not Kelly, and Kelly is not JJ. Anyway, today Kelly and I are joined by two really phenomenal guests. We've got David and Karin Holder, who are the owners and operators

of Raised Hunting TV, Raised at Full Draw, and Raised Outdoors.



Kelly Sampson 01:02

And in particular, we're talking about something that is really important in ending gun violence: how responsible gun owners like a lot of hunters are an essential part of the solution.



JJ Janflone 01:11

Yeah, and this episode I'm really excited about because I don't know about you, Kelly. But I know like when I think about hunters, I tend to think about folks who are really dedicated to their craft. Like I tend to think of people who are into hunting as being really into hunting, it seems like something that you kind of go all into, but also that our people we don't hear enough about. And so, I think that they are asked enough about their opinions on gun violence prevention, and I would love to see that change. So I'm really excited for this episode. I don't think we could have gotten a better group of people to start this conversation off for the first hunting episode of Red, Blue, and Brady than the Holders.



Kelly Sampson 01:45

Yeah, I mean, they were super kind and generous with their time and allowing us to understand the culture of hunting, the ethics of it, what it's like to bring children into it in a safe and responsible way, and kind of demystifying hunting and gun ownership for folks, like I think it's both of us, who don't necessarily do that ourselves, but know that it has a huge relationship to gun violence. So I feel like I've learned so much already, just from their blog and some of the content that they've put out on the internet.



JJ Janflone 02:13

Yeah, and I know that for me personally, like I didn't have "getting very much into a hunting television show and watching all the back episodes," like that wasn't on my bingo card for early 2021. But I know that that's definitely something that I've started doing. Because I feel like this is a whole world that I don't know nearly enough about, and I should. And so, I think without further ado, we should go ahead and just jump right into the conversation itself so that all of our listeners can get to know David and Karin, as they talk about their work hunting as a family activity and how they safely engage with firearms. Karin, David, thank you so much for joining us. Kelly and I are so happy to have you here. I'm wondering if you could just go ahead and introduce yourself to our listeners.



Karin Holder 02:55

Well, my name is Karin Holder, and I am a co founder and co owner of Raised Hunting, Raised at Full Draw, which is our nonprofit organization, and then we also have a company by the name of Raised Rutdoors, also a financial advisor for Edward Jones and have specialized in diversity and inclusion and a mom and a wife and mom to an awesome dog.



David Holder 03:20

I'm David, David Holder, and I'm Karin's husband, that's pretty much it. You know, I just say I'm with her. No retired firefighter is probably something worth mentioning, and dad of two boys that we're pretty proud of both they're somewhat, I guess you would call them, I don't want to say they're grown up, they're not growing up, I can tell you that. But they're 25 and 20. So not young, young kids anymore. You know, Karin mentioned the businesses, and I think that's maybe who we are now, or what we're known for is the Raised Hunting part of that.



JJ Janflone 03:52

Perfect. Yeah, and we're definitely going to talk I think about Raised Hunting, probably in depth here, but I'm wondering if you want to talk just really briefly about your nonprofit. So folks out there can know about it, and all the work that you do.



David Holder 04:02

Raised at Full Draw is basically camps that we hold for kids, and it's for adults, too, but we do a women's camp. And what we do is we bring these kids or the women in for four days, three nights, and we take care of everything. But what we do is we follow the curriculum that the different states have that teach, we do it through archery, and the reason that we do archery is because then we don't have to worry about having 50 kids with guns. Even if you're really safe, it's just a lot to keep track of, insurance goes up and things like that. So, the camps are designed to get kids involved into the outdoors and get them a - I don't want to say that because we don't actually do any physical hunting, but we get them ready for all those different things. Everything from the first time they're going to go out and buy some equipment, right down to how they're going to prepare it and put it on the table to feed their family, and we are extremely proud we've been doing that now for Karen and I have been holding the camps for 18 years, but Raised at Full Draw, we broke off and actually made our own camp because we wanted to certify these kids. Eight years ago, I think, I think it's eight years. So that's what Raised at Full Draw is if people aren't

familiar with it, I hope you'll go check it out because it is - we spend a lot of time a lot of effort. I would tell you that the probably the biggest compliment we get is the things that we teach the kids that really has absolutely nothing to do with hunting.

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David Holder 04:03

Wonderful, and it's super interesting. And archery is really tough. I have tried it a couple times and realized that I have weak arms that I need to do some push ups. So, definitely harder than it looks. I'm just wondering if you could just tell our listeners a little bit about how did Raised Hunting develop.

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David Holder 05:43

Oh, boy.

K

Karin Holder 05:45

This is always a long one.

D

David Holder 05:46

Yeah, I know, I'll try to brief this one down. You know, I grew up in a hunting and fishing family, but what a lot of people do not understand or, or know about Karen and I, we grew up inside the beltway of Washington, DC. And I think that's pretty important, because we understand that we weren't amongst everyone who hunted, and we didn't get a chance to do that. And so anyhow, growing up there, I knew as at a young age that I wanted to do this outdoor stuff way more. And fortunately, when I met Karen, and that was the kind of kid I was when I was a teenager, one of the things I would do is take girls on a date, and we'd go hunting. And that kind of was like, you know, do they like this or not? Yeah. And so long story short, Karen passed the test, and we started dating and then we moved. And the first move was to Arkansas, the next one was to Montana. I had become a firefighter at that point, and that kind of started us down a road of, you know, our careers. But at the same time, the love for the outdoors and filming things in the outdoors was always there. And what that led to was many, many years of filming stuff and not doing anything with it. We just had this footage, just like you would film your own family, you know, but ours had a lot to do with the outdoors. And then one day, I sat down with a gentleman that someone had recommended. And we said, I think we could do something here and show people a different look at hunting, not like what had been done, typically on the outdoor shows, and show them what Karen and I feel like is the most important part, and that is getting your family involved, doing it with not just me with Karen or me with my boys, but

Karen with the boys, by herself, you know, and I mean, it just became one thing after another. And fortunately, the gentleman that we hired to do it did an excellent job of portraying what we were after. And so, we're going on our eighth season, but Raised Hunting was kind of born from that. And that was the mission and still is, and that's what we were so excited about when you guys offered for us to come on this podcast, because we really do believe that there's a whole lot of people out there that don't understand. So they're kind of afraid of hunting or they're afraid of guns, and I think if they would just give someone, like myself, a chance to kind of help or explain or educate, maybe some of that fear would go away.



JJ Janflone 08:10

No, I think I think that that's so interesting because I assume I can speak for Kelly and say, Kelly that you don't hunt. I feel like we've never, but also Kelly lives in Detroit. And is from Detroit, I'm from Pittsburgh, and we both work in the Beltway now, or we did back when people worked in physical places. And so growing up, I didn't have, I have no familiarity with that, but my husband's from a rural area. He's from Maine, and so that was a big part of his childhood. And so, when we first got together that led to many, I think, just very different perspectives for us of even just having like guns in the home. That led to a lot of different talks because what I was familiar with people keeping guns in the home for versus what he was for were completely different worlds, almost. So I think it's a super important conversation to have. And I wonder if you can tell our listeners a little bit about, I mean, I think you started to go into it. But you know, why you all view you know, hunting as as being so important, not just like as a recreation activity, but as like an activity through which you can teach ethics, can teach, sort of, children to bond, you know, why that particular activity?



Karin Holder 09:15

That's a great question, and we love answering, you know, why hunting is so important to create relationships. Number one, being a female, you know, like yourselves, there's a lot of females that don't have experience hunting, and actually, for the longest time, have a handout to it to where they're, they're like don't even bring it up. I'm not going to sit with bugs. I'm not going to shoot an animal, you know, there's just not even any interest in it at all. And I think that that's a lack of understanding or a lack of reasoning on why hunting is so important. And so with my history I've been I was raised in a hunting family, and David and I have been hunting together for nearly 25 years, and so women in the outdoors has grown a lot over the last 10, 15 years. But when we first started out, it wasn't, it wasn't very common. And so for me, it was it was different because I always had to have a purpose, I had to have a reason. And I had been in the professional world because I'm a financial

advisor. So if I'm dealing with people that don't understand hunting, they're coming from a different culture as well. And so I had to be able to defend or have reasoning on why do I do this. And so, and that's also how you Raised Hunting got born as well is because I explained to David that hunting is not about shooting an animal. Hunting is about, number one, putting food on your table. I grew up eating rabbit and squirrel and deer and fish, and that was what we - we weren't poor by any means, but my father would be laid off, and we would use that to supplement our food during the wintertime. So it was definitely necessary. And so we just kept hunting. And I, you know, David and I were like, you know, there's so many lessons that are learned, while you're hunting. You know, you have to plan where you're going, you have to prepare if you have an accident, you have to be able to talk to landowners and look them in the eye and shake them and shake their hand and ask them for permission to hunt. It's relationship building. So, David and I have had so many wonderful moments sitting in the middle of the woods. And it's because we're both working toward a common goal, which is to harvest an animal or maybe it's just find an animal, or maybe it's learn about them. And so we took that to our children, and then wanted to take it to the nation in and help explain this is way more than shooting something, this is ethics, values, you know, morals with a lifestyle of the outdoors.

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David Holder 12:10

And I think for me, as a father, you want to be the best you can be at something. And so you have to have something that you can relate to your kids, and whether that's the piano, the violin, ballet. For me, it was hunting, hunting, and fishing. That's what I did or do well. The fortunate part about it is it covers everything, there's a safety factor that it's not like, okay, you might break a leg, someone could not come home, this could be I mean, it's a final. And so I think understanding that you're teaching your kids that type of thing from a father's role, you can't afford to make a mistake, you've truly need to make sure that they understand it and that they can enjoy it, that there is a way to have a gun in your hand and not be a threat to anyone else, or yourself, or to me, or vice versa. And so I - all of a sudden one day, I realized that the ethics, the values, everything that we were instilling in our boys was coming for me from that background of being in the outdoors. And so I'm just teaching my boys how to survive. I was teaching them how to live, I was teaching them how to handle situations where people don't agree with you. And I didn't even realize that that's where it was coming from.



JJ Janflone 13:18

And I mean, I want to give a plug to your show because, in preparation, I watched a whole

bunch. And I'll be honest, I wasn't expecting say, you know, what I would define as like a, quote unquote, hunting program to talk about, like breast cancer prevention and things of that nature. Like there were a lot of really amazing conversations that happened in the few episodes that I saw, that are not the sort of thing that like generally I would expect to see on, again like a show that would be defined as like a hunting show or something to that effect. So I - if everyone who is listening to this hasn't seen it yet, I always put links in the description of our episodes to everything, but please go check it out because it was really, it was great. It was really helpful. But even just having those conversations from a male perspective is really important and to have in media. So,

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David Holder 14:00

Well, thank you. And but that all that credit goes to Karin. She's the one that said, we can't, it can't be another, and I think when she said that I knew exactly what she was talking about, we don't want to be the bearded rednecks with a beer in their hand and a gun. I just feel like that, that is what the stigma is. So, we needed to be able to not only show that we're not like that, but that we are using hunting for good and the values were there. And hence, I can't say that it was all planned out. We're not that smart. But all of a sudden, we started to recognize people started writing in going, man, you guys have a lesson in every show. And then it just, kind of, snowballed from there until one day we were like I guess that's what it is like it's this is where it's gonna go.

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Karin Holder 14:46

I want to - if I could kind of tag off of something and he said there, just to make sure we don't offend anyone. There's nothing wrong with men. There's nothing wrong with beards. There's nothing wrong with bearded men and guns, you know. So we want to make sure that we - we make sure that what David is saying there is that there's such a - there's such a stigma that all hunting is for trophy. So people are going out and killing animals just to have a trophy to hang on their wall, or they're doing it for sport, maybe. You know, there's people that, just like there's criminals in the city, there's criminals out in the country that kill deer out of season, and they'll shoot them, and which is called poaching. And that is actually stealing from the hunter. Those are not real hunters, those are thieves, you know. And so, from the the side that is either anti-hunting or uneducated about hunting, we get kind of lumped into this big group that we're, you know, white male bearded beer-drinking, chucking beer cans out the truck, you know, that kind of thing. And it's, it's not true. So,

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Kelly Sampson 16:00

And I was just wondering if you all have had any interaction with the gun violence prevention movement before?

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David Holder 16:06

I can't say, you know, not, not directly we've worked with NRA, we've done some other podcasts and things like that. And I think that you guys make a ton of sense, I, we did the same thing. You know, as soon as someone invites you, or sends out anything, we all start checking out each other, you know. That's just the nature of who we are anymore, or in that it's easy. And I think you guys are definitely on the right track that I do think that if we could just said help educate both sides, I think we could find a happy medium to live in. So no, we have not had any direct conversation, you know, other than an indirect conversation with just a passing person or something like that.



JJ Janflone 16:44

Yeah, it's just I think, like, that alone is so interesting. You know, one of the ways that I always think about hunters or hunting is, I think it's certainly a very intergenerational thing, especially when I think of how people learn how to hunt. Because, as you were talking about, like getting permission and permits and things, it occurred to me that I have no idea how to do any of that. So, I would be literally asking my husband or Googling or like sort of crossing my fingers. So I don't know how if you don't grow up with it, how you even go about, how does one learn? Do I call someone, like the Holder family and request assistance, or?

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David Holder 17:17

Well, exactly. And that's what we've developed the Raised Outdoors app that Karen's talking about, we are in the process of building, every single thing that we've talked about, will be on there in a course-type situation, where you could go in and find that. I mean, all the way down to even an index of terms so that people can understand what we're talking about. Because it's, I mean, like, Kelly, you know, you were mentioning, if I talked to you about the velvet on a whitetail deer, you would be like, "huh," you know. And so, my point is, is so that people can understand what is going on there and what we're talking about. And I think that that's probably the camp side for us, is such a big deal. And I would tell you that when we have 50 kids there, you ask them a question. And like you said, you know, whether you were raised in it or not, we immediately we can tell how the kids were raised because the answer we're getting is not the kid's answer. The answers that we're getting are the parents'. Okay, what they've heard what they've been told, you can find

out all kinds of things about those parents simply by asking where do you guys keep your guns? And they'll tell you these kids will, you know, mom's got one in the corner. Or, you know, and then we're trying to explain to them, that's not the best way to handle that. These kids are comfortable because they have grown up with it, but at the same time, is that the right way when another kid comes over? That's what you got to start to look at is - and the kids aren't thinking that, you got to get the parents to think that for them. So anyhow, so we are maybe we don't have any direct - we've never had this conversation before. I don't want anyone to think that we premeditated any of this, but I can tell you we're doing it, and we don't even realize it. And if there's a way that we could help and effect more, we're on your team. I mean, we would love to do that.

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Karin Holder 19:07

Yeah, I think one of the most important things too, is that in order to be a hunter, you have to earn the right to be a hunter. And so every state has a course, a hunter education course, that is a significant course that you have to go through and earn at you know, after you take an exam. So the hunter education course is a series of, either classroom or online instruction, for several days. I can't remember how many hours it - we're instructors, we're hunter education instructors, for archery and for gun, but you have to go through a series of courses and then you have to go through a full day of field day. And so that at an early age, you know, every person that buys a hunting license has to go through that and so, number one, that's helping teach them how to safely handle a firearm and understanding the importance of that. And so, if a state is allowing someone to hunt at age 12, then you know, chances are if they're from a hunting family, they have been exposed to guns before age 12. Okay, and so it's a matter of educating and teaching those kids that this is not a toy, this is a serious, this is a weapon, and this is how we respect this item. And so one thing that we did with our children is, we always, our boys knew that their bows, and their, their BB gun, or whatever it was, that is not a toy. That's not something that anyone else, when a friend comes over, that's not something that we play with. That's not even brought out. There is a respect thing that's taught, and it's also a discipline thing, because hunting, besides learning how to handle your equipment, and take care of your equipment, and understanding what it does and what it can do. It's also learning skills, like when you can talk, when you can't talk, you know, controlling your behavior for more than two minutes at a time because you have to be quiet in a blind to let an animal walk in and, and that's possible, believe it or not, I there it is possible for your child to be quiet longer than two minutes without you having to holler at them.

D

David Holder 21:33

Now, you're now you're offending some other people see, oh, she got mad at me earlier,

said I was going to offend people for calling them bearded beer drinkers. And now she's saying,

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Karin Holder 21:44

Well, they can. I promise you, if you give them a reason, on, you know, a reward on why they want to be quiet. And that reward is that they're going to see an incredible animal, and they'll be quiet. So anyway, so I guess I wanted to point out, I don't know if you are aware of that or not. But hunter education is a huge, huge program, successful program. It's a, you know, a way to earn the ability to even touch a weapon. So, that's in every state, anywhere that you hunt.

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Kelly Sampson 22:16

I wanted to touch on that a little bit more when you were talking about, you know, earning the right and sort of passing the test to be able to touch a weapon. When it comes to children, how do you know when it's safe or when they might be eligible, sort of, responsible enough to start to engage? And how do you do that safely? I can imagine if you live in a household where the parents hunt, maybe the children are aware, but how do you, sort of, start to bring them in as participants?

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Karin Holder 22:19

Number one, each case is different, each child is different, each parent is different. So you might have two different children and one of them might be, able, capable of understanding and learning, and the other one might not be mature enough or might not be comprehending. So each child has their own understanding ability and their own way of learning. And so you have to really know your child in order to be able to gauge are they ready for this or not? So it's, it's not just a cookie cutter approach. It's being involved with your children and understanding them and understanding what you're trying to teach them.

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David Holder 23:23

I think Karin's, she said something there. I think it's more about the parents. She said, you know, you got to be a parent. And that's the whole thing is you have to be fully invested in your kids from day one. And so many people, I think, and I'm not picking on anyone, it's just the statistics show us parents aren't spending enough time with their kids and so you'll know if you spend enough time with them, whether they're they're comfortable or not. I can tell you in our situation, the way we that we have handled it and then both, the way

my father was a police officer, so I was around guns as well. And at the same time, the main thing was that it wasn't, it didn't have that mystique or that like out here don't even, you know, it was always, it's here. This is how it works. Understand this, but the deal is you can't touch it unless we're present. And there was no, there was no wavering there. There was no like, you know, well maybe just this one time. Nope. And I can tell you I never, ever thought about even picking up a gun without my dad or my mom being there or whatever. And I don't think that our boys have I mean, they've never told us and, and I also think that you're teaching them some values there too, that they're because they love when their friends do say "you guys have a gun and can I see it" and they come to me and say dad, "could we pull this out?" So you know I can show you, but you know we're not going to shoot it till we call your parents. We're not going out here, do anything like that. But, I think our boys learn something there that there is a there's a place, they're in between. They're teaching their peers, but at the same time, they're only teaching as much as the parent's allowing them to do. And so, I don't, I agree with Karen, I don't think there's a particular age, I think it's a feel your way through it. And you'll know, but I think the worst, one of the worst things that we can do is hide them from them and act like, it doesn't exist, and it just shows up once in a while because now we create a curiosity for the kid, and now they're out there looking for something. And that would be the worst case scenario.



JJ Janflone 25:27

I can say, hello, fellow child of law enforcement, because my dad was a police officer when I was growing up. So that's that's how I was introduced to guns, but I'm more of like a handgun age. And it's weird, because my dad taught me how to shoot, and we would go shooting, but we didn't go hunting. So it sort of that, again, that different perspective. And so since you did, you have raised two boys, and then also a black lab, which I feel like also gets into everything. So I'm just wondering how, you know, since, since Brady has a program called End Family Fire that's specifically about that safe storage, how you sort of maybe maneuvered that on a more formal low level, say, like if your kids are going to a friend's house where their parents also hunt and the kids hunt, but maybe they didn't have the same perspective that you did?



David Holder 26:09

And, I'm going to use a situation that truly happened. And that was our boys had gone hunting with someone else. And they come home, not both of them, our older one, Warren, and he's telling me, you know, these guys carried a gun in the truck loaded dad, and stuff like that. We're not mad at those people. What I love is the fact that I was able to tell, and I asked Warren, what did you do? He said, I just let them know that maybe we

shouldn't have it loaded. And then I just watched, and I made sure that I knew where it was all the time. So to me, I'm like, Okay, so my kid is policing what's going on. I've made him aware enough that he recognizes this is an unsafe situation, where another kid that has not had that training, or that thought process doesn't pay any attention to it. So when they go to move a gun or drop it outside the door of the truck or something, and it were to go off, I just, I mean, again, I don't think we would ever get mad at our kids or anything like that. I think that we would never get mad at another parent in the way they do it. If we felt like it was going to put our kids at risk or someone else at risk, then yes, you know, hey, you know, we're not going to be going over there. We've never run into that situation. That's the only one that I can think of is where he was telling me, yeah, they had a gun, they put the gun back in the truck, and it was still loaded. And you know, and I asked him what he did, and then I think he loved the fact that he had some authority there, you know, or that he was like that he was looking for confirmation did I act responsibly. And I think, man, anytime that we can pat our kids on the back without making their head big, I think it could go a long way for their inner being and who they are, I think you're building confidence. Yeah, you're building a character in that kid.



JJ Janflone 27:52

I think it's great too that they felt comfortable sharing with both of you as well. I think that's huge too, to feel comfortable with, like, you know that this thing happens alone, just to share that information is big.



Karin Holder 28:04

That goes that goes back to the relationship building that we talked about earlier, and what I mean by that is we all share everything. I mean, our family is extremely tight. And when you are spending eight hours, 10 hours a day in a tree stand with your 18 year old son, or your 13 year old son, or whatever it is, you learn a lot about them. And as I mentioned before, you're participating in, you're both have the same common goal. And what I mean by us being in the tree stand together is one's filming, and one is shooting. And so we're always paired up. And so, the biggest example I like to give is the fact that when my boys were playing football, I could go and stand on the sidelines and cheer them on and, you know, be as positive and supportive as possible, but I wasn't on the field assisting in the goal. I wasn't the teammate that was suffering through practice when it was hot and sweaty. I wasn't the one that was you know, going through the emotions and the work to be on that field. When we're sitting in a tree stand together, we are. We're practicing beforehand, together, we're putting our equipment together beforehand, we're deciding our plan on how we're going to get to the tree, how we're going to get out of the

tree, what are we taking for snacks, I mean, you know, it just the whole thing. And so, you talk about life, and you build that relationship. And so, that just always cultivated in our home, an open dialog, no matter what it is. Sometimes they probably tell us more than we really want to know, sometimes. But that's what it created was the fact of just a complete openness.

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Kelly Sampson 29:48

That's so great. As part of our Ending Family Fire campaign, we see a lot of stories about children who no one ever did really talk to them about the risk of firearms or help them understand like what they should do if they find one. And so, you see really, really heartbreaking stories of children hurting themselves or hurting another child, just because they didn't know, because they just, they didn't have any idea. They didn't really know what to do with it. And they didn't know who to talk to if they saw one. So that's just, it's really great to hear that, you know, children are receptive. And if you tell them, and this is how you should respond, or this is how you should react, they'll do something.

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David Holder 30:25

I think that's a huge point. But here's what I would add to that is that what happens is hunting teaches the reality. So, a kid learns that when you shoot a deer, it doesn't come back to life. It's not it's not a game that we start over after three strikes or whatever, all of a sudden, they realize that this is final, you know, that this is how this works. The gross part what most people think of, like gutting a deer, they actually get to see the internal organs and what took place here, and what kind of damage maybe was done, or how that animal was killed. And yet, you can do it in a manner in which you're not scaring them, you're not trying to offend them or anyone else. But all of a sudden, they have a concept that they understand that if a bullet or an arrow was to go through one of them or their friends, this is not a recoverable type thing. You know, this is something that is absolutely permanent, you know, so I know, that seems like a pretty far stretch, but nowadays, I think a lot of what you hear is these kids just don't have a reality of what's real and what's not.

K

Kelly Sampson 31:31

No, that doesn't seem like a stretch at all. I mean, you know, like there's, I heard about, from some family members of mine who, so my family is in the north, but I'll have a lot of family in the South, about their experiences going down South and literally seeing, it's not the same thing as hunting with a gun, but for example, just seeing the chicken literally go from the coop to the kitchen table and understanding, kind of, the connection between their actions and what they see. So yeah, it totally makes sense to me. And I was just

wondering if you could talk a little bit about some of the tips you have for introducing youth to shooting and how to handle and clean their firearms because I know you all get into that in your blog a little bit.

D

David Holder 32:12

I get this question a ton especially because of our camps. And that is the first thing that anyone, I don't care whether you're a hunter or not non hunter, if you're going to get someone involved in doing something for the first time in hunting, being that or shooting, you cannot allow yourself to not let it be fun. So if it's raining, the day that you want to go do that, or it's 27 degrees, and the winds blowing 30 miles an hour, maybe we don't go that day, maybe you would go on your own but don't make a child go sit like that. They make ground blinds and things like that now that make it where our boys would have, when they were little, there was a lot of days they went with us where all they did was play trucks in the bottom of the blind. You know, and that was okay, they were still there with us, and they were still getting to be a part of that. And you just have to step out of, are we actually going to accomplish anything. It's not about being like Karin said earlier, I think, you know, like trying to win or be the greatest at it. You just have to step back, and I think, the example I use is I would go, both my boys started shooting a bow at two years old. And what I did was I went to Walmart bought those little, you know, the bows that shoot suction cups, but I put one of my real strings on there from my from an old string from my own bow. And that way they could shoot my arrows. Now they wouldn't go more than about three or four feet, but all of a sudden, they felt like they were a part of what dad was doing. And that's kind of how we started there. And then on the cleaning part of it, we actually have had them part of our cleaning process. Because I want them to truly understand that if you take care of these things, they'll last a lifetime, they truly will. If you buy a gun, it's not like it's going to wear out if you treat it correctly. And at the same time, when they get, again, they get to see those working mechanisms and things like that, and they begin to understand it a little better. So we, all of the cleaning process that we go through is we clean everything every time we come in. And that's kind of a lesser job, especially if we clean more heavily. If it's raining, moisture is one of the worst things that you can have when it comes to guns, they'll rust. But like things like muzzle loaders and stuff like that, there's different types of guns that have different effects, that you have to clean more or take care of more, or you might not want to store your guns where humidity can get to them, depending on where you live. And so anyhow, we've tried to teach our boys all of that stuff, but we don't do anything, not that anyone else couldn't be doing as well. We buy our kits from your local sporting goods store. We use the same oils as everyone else. We're just pretty diligent about it because I am adamant that, you know, I want to see these guns pass down to my boys and to their kids. And if I don't don't take care of them, then that'll never happen.



Karin Holder 35:02

But I think it goes to, you know, even more basic than that is at the very beginning of it is breaking down the gun itself. You know, what is the trigger? What does it do? What is the safety? What does it do? When do you use it? You know, when do you take it off? What is the barrel? What, you know, how does this thing work? And same thing with archery equipment, before the first day in our archery camps, we take, we don't, before anyone even touches a bow, we go through what are the different parts of the bow? What does? What does this do? What, you know, what is the whole purpose of this, and then that way, they have a better understanding of what they're getting ready to, to use and handle. And, you know, the form on which to handle it, you know, how, you know, there's that whole process of how do you carry a gun? How do you walk with a gun? Where do you point a gun? Where do you not point a gun, all of those different things are covered multiple times, not just once it's over and over and over and over again, before they even have a chance to touch it. Well, you know, that and that was a case for many years because they would watch us do things, and you just explain to them as you go build upon that knowledge.



David Holder 36:23

I think the number one question that you can answer for anyone, kids, adults of any age, especially when it comes to weapons is why? If you can answer why, why should you not point it this way? Why should you loaded or unloaded at this time? And so and I've done that, she gets mad at me, Karen gets so angry because my parents were the ones and you guys might have grown up in the same era, because I said, so. That was the answer I would get from my folks. And I was like, I will never say that to my kids, I will make sure and now it's worked, it has worked against me at some point, but for the most part, never telling them because I said so, but here's why I want you to do that, or why I want and explaining. And Karin's exactly right, we take that to the camps that we hold, and we take that into all of the safety part of the hunting and fishing and everything else we do. And just take the time to tell them why.



JJ Janflone 37:19

But I could see how that's an educational process that if you were to be engaged with firearms and other areas of your life would be super helpful, actually, to have. But also, it seems too in general would just be helpful life lessons, because I was thinking even, you know, just the process of, you know, the way that I learned to drive a car, which is I didn't get to touch the keys until I knew all of what everything did and how it works and how it went together. And that, you know, learning that patience that you don't get to just go do

the thing that you thought is fun, you have to do all of the maintenance surrounding it. And once you've done the thing that is fun, there is a whole bunch of other maintenance that follows, I think is actually really important for younger folks to learn. So I think that that's, that's great. I also think that y'all yourselves have a ton of patience, because reading about your camps, you know, the idea of, as a former teacher, as a former nanny, the idea of the possibility of 50 children with like a turkey caller at a camp.



Karin Holder 38:15

I'm with you, sister, I disappear. When that day comes around, I'm like, see you later.



JJ Janflone 38:26

There was, there was a lovely note about lights out at 10:30. And I was like that, how does that happen? And you keep your cool. So I mean, all together with you, I'm sure but still.



Karin Holder 38:36

How about the fact that these kids are so excited about being there, that they're up at like 4:30 in the morning, and they're hanging out by the campfire, waiting for people to get up because they're ready to go do something and then instructors are trying to catch the last couple hours of sleep before they're with them all day long. And it's, it's pretty humorous.



David Holder 39:02

I've had to interrupt the 5am volleyball game and tell them you cannot do this. There's people trying to sleep 20 yards away in a tent. You know, because we don't just bring in 50 kids, we bring 50 kids, and then they all stay intense. And so I mean, it's, it's a lot of fun. Yes, it's a lot of work. Yes, there's a lot of noise, you know, but at the same time, when you see kids trying to do something so new, you know, and trying to get good at it and things like that, or you get the ones that come back year after year and you see growth in some of these kids. It's unreal, it truly is.



JJ Janflone 39:37

But see, I would define all of that work, though is gun violence prevention, in its own way, even if they're just, just quote unquote, you know, like learning archery that week, because I think that that's gonna affect his future rates of suicidality that's going to affect the relationships with men and women. So that's going to have domestic violence, you know,

impacts like, I see that, you know, we talked about this a lot on this podcast that I think a lot of people think hear and probably the same thing, actually, when people hear like hunting, right or gun violence provision, they think like a gun, or they have a very specific image of what it is. But in fact, what we end up talking a lot about is, you know, how do you get people mental health resources? How do you get people to make sure that they have a full stomach at night when they go to bed? How do you make sure people are warm at night? And so, I think, I think what you are all doing is amazing. So and now I want to go play in the woods.

K

Karin Holder 40:23

You need to come, both of you need to come, to my women's camp, my passion is helping women come out of their comfort zone. And, so we started camp a couple of years ago, we call it RISE. So reach, inspire, support, and empower. And we do a pheasant hunt. Now that is, I wanted to show the full circle. So I wanted to have women experience. Some of them learn how to shoot a shotgun that very first day, and then we actually shoot clays, you know, just clay pigeons. And they learn the technique of that, they learn how to clean, they learn patterning of a shotgun, they learn the whole difference of different types of shotguns, then we go out and we actually hunt pheasants, we come home and we clean them, and then we eat them that night. And so within 24 to 48 hour timeframe, they have completely gone full circle.

D

David Holder 40:24

And I think the biggest thing is people just gotta pay attention that it's not just our little circle what we're doing. It's not just what you guys are doing, it's being able to hear and listen and all of us work together. But the moment that we start to close everyone else out and say hey, no, we just got this deal going on in our own little backyard, we're all going to lose.

K

Karin Holder 41:40

So and I think what you all are doing by drawing the connection and weaving it together and show, you know, sometimes we have to be direct in what we're doing. And so what what you all are doing is fabulous in regards to educating and helping bring that to people, you know, it needs to be done. You know, it has to be done.

D

David Holder 42:01

If there's one thing that I want everyone to understand about hunting is, earlier what

Karen said, is hunters are the number one conservation tool on this planet. We've proven it over and over, you go to Africa and places like that, where they stopped hunting, the moment that they did poaching took over. And now you have a mass black market of things, and the animals go away because now they're worth so much money, these guys are willing to risk their lives to kill. And so when people would understand that, that we can help lower your insurance because we keep the numbers down. So we don't have as many animals getting hit by cars, you look at things like Staten island tried to castrate all the deer on the island. That's what they they spent \$6 million on this program, that if we can castrate all the bucks, then they can't breed. What they didn't, they weren't counting on was the bucks that lived across the river swam the river because now there was a bunch of you know, it was Ladies Night over in Staten Island. And so they went over there and it didn't didn't do any good. That cost you and me money that we all had to pay for that to be done, that was paid for by the taxpayer. In turn, if they had just let hunters go in there and hunt them, not only would they have saved that \$6 million, they would have raised money from all the hunters that would have bought the tax. And at the same time, I mean, we just as hunters, we need to start to educate ourselves and we need to start policing ourselves. Social media, it's great, but it can also be a detriment if people don't do things correct. If you're sitting on a tailgate, take a picture of a deer, I want to see that I'm a hunter, I want to see that. Someone else might not want to and if there's a beer can land in the back because grandpa drank it last week, everyone's gonna assume that that 14 year old kid sitting with that deer drink that beer. And so it just goes just saying that we have to be much more conscious and conscientious about what we're doing. And I think that's the big thing that hunting, and for those out there that have never tried it, don't be so afraid. Find Raised Outdoors, find Raised Hunting. If we have to do it one by one, we would be more than happy to because I could care less if I'd never shoot another animal myself. If I could help someone experience what I have experienced those mornings or those evenings or sitting in a tree stand with your child. Like Karen said, you'll never get to be able to catch that pass with your kid. But if your son or daughter is successful in harvesting an animal and you're sitting right there with them, you're going to coach them through the whole process.

K

Karin Holder 44:28

So for me, why hunting was so important and what it means to me is I remember, I can paint a picture, I remember many many many years ago sitting in a tree stand in Arkansas. We hadn't seen a thing. It was kind of a swampy area. It was, it wasn't the most beautiful place to be, but we had been hunting for quite some time. And it seems like whenever I pull out a snack is when the deer show up. But so I pulled out an apple and I had just taken it, you know, a bite of an apple and you can't eat an apple really quietly. But this doe comes walking up and she has a fawn with her, and she comes walking up,

and she doesn't see me, she doesn't have any idea that I'm there. And she lays down almost directly underneath my tree stand, and her baby lays down beside her. And all I could see was her beautiful, long eyelashes as her eyelids got heavy, and she just fell asleep, and she fell asleep there. And I sat there for over an hour or two, where, so I wasn't going to shoot her. But I saw nature and I saw how nature works. And with archery hunting, I saw it up close and personal. And so, when you are hunting, you get to experience wildlife, like no other, you can see their breath, you can hear their noises that they're making, you can, you know, see different scars on their body or their behavior and hear owls and see squirrels and I mean, it's just amazing what you get to see from creation. And then when you actually have the ability or are blessed enough to harvest an animal, then you get to nourish yourself with that animal. And that's the, that's some of the best organic meat that you can have is venison. And so so for me, it's it's really that connecting with nature and learning from it, watching it, appreciating it and letting it just get inside me.



JJ Janflone 46:33

This has been lovely. So, I feel like we learned so much. I mean, I have I have like 1001 questions like how do you train your dog to go hunting with you in a way that it's safe, but like comments for another day. Concerns I have for later, but I think Kelly I think is in the same boat too because there's just there's so much to unpack there, I think. But again, it's just groups not sort of talking or integrating with one another. So just unfamiliarity



Karin Holder 46:56

Well, I can offer a couple, you know, besides just to, you know, for your listeners, check out Raised Outdoors, you can find it on the App Store. The app, you know, just go to the App Store, and you can find that. That's a plethora of knowledge, you have courses, and you have shows, and you have discounts. And you have all kinds of things.



David Holder 47:15

And we're adding things daily, I mean, as fast as we can.



Karin Holder 47:19

That's one place. And then David and I have both been fortunate enough that we have written two books, and you can find those books on Amazon, you can find them on our website. But the first book is really taking some of the episodes, and we just took some of

the episodes that were some of the most popular. The one about our dog was one of the one of the ones in there, and we just dug deeper we peel back the layers and told some more of the backstory within the book and told more about some of our journey on how we did certain things. And then the second book was just released last August, I think it was last August, and that's called the Ultimate Hunter's Handbook, which is a little, the title is is really just more about stories and tips. And then, there's encouragement in there as well to help hunters understand really the language and the way that animals communicate and just kind of learning lessons from it. And so, a person could learn a lot or get more information about the hunting world.



JJ Janflone 48:27

Thank you both so so much for coming on. I, as always, I will link to everything we've talked about here in the description of today's episode. I highly recommend everyone goes check out Raised Hunting. And hey, if whether you're a hunter or interested in learning how to hunt, or like me and Kelly, complete novices at it, please go check them out. So, so Kelly, I thought that this week's Unbelievable But like actually fit perfectly what we were talking about, because we spent all this time talking to the holders about ways to be responsible gun owner. And then when I read the story, granted, I think it's been made very clear, very much a gun novice, but I read the story and I was like oh, baby, no, that's not, I don't think that this is responsible gun ownership.



Kelly Sampson 49:10

Hmm, well, I mean, if you thought that then I'm gonna have the same reaction. So I'm really curious about where this is going.



JJ Janflone 49:16

You never know. You never know. I, actually we know. Let's be honest. All right. So for this week, the story I have for you is we're talking about a 22 year old YouTuber, Cody Detweiler, and I do want to be really clear before I tell the story, he is okay, though he is exceptionally lucky that he is okay. So Cody had been shooting 50 caliber bullets into steel plates that were set out on the ground four feet away from him to, as he said, and I'm quoting here, like a boss to see how many would go through. But what Cody was not expecting was for one of the bullets to ricochet off one of the plates and strike him in the forehead.



Kelly Sampson 49:53

I, people, because this is not a video medium. I am full body cringing right now.



JJ Janflone 49:58

Hey, yeah, it's not a visual medium, but I wish I had a GIF of that because that was great.



Kelly Sampson 50:02

We should tell listeners like 50 caliber bullets are extremely, extremely powerful. So they're, there's nothing to play with, like a boss.



JJ Janflone 50:14

And four feet is incredibly close to be shooting a gun of that caliber. Basically all of this was not good. So he posted to Instagram a photo of his bloody face along with comments because it hit him in the forehead, with comments saying that he had passed out after blood ran into his eyes and he felt metal sticking out of his forehead. But since, he has gone to the ER and he's gotten a CT scan, he is now perfectly okay. Can you imagine the luck Kelly?



Kelly Sampson 50:40

Oh, yeah, no, I'm just, yeah, he is very, very lucky. And hopefully he will take that luck and use it well, and never ever do this again, ever, with any caliber, period.



JJ Janflone 50:51

And to just sum up then this whole conversation, I think this whole thing we talked about today is like guns aren't toys they are tools, so we need to treat them as such.



Kelly Sampson 51:03

This week's News Wrap Up begins with Los Angeles officials and community leaders publicly calling for a ceasefire following a recent rise in gang violence in South LA. Police have reported 59 shooting victims in the first two weeks of 2021 compared to seven during the same time last year, and homicides have more than doubled. To quote LAPD deputy chief Regina Scott, we are seeing military-style weaponry and high capacity ammo

rounds. At one homicide scene alone, we collected almost 70 ammo rounds endquote.



JJ Janflone 51:36

And you know sort of along those lines of dealing with homicide, it has been almost a year since the 20 year old rapper Pop Smoke was killed after he was shot multiple times during a home invasion. We actually talked unfortunately about his murder in one of these News Wrap Ups. His parents, Aubrey and Greg Jackson, recently collaborated with the youth organization, I Will Graduate, to share a PSA on how gun violence impacts those left behind. I think it's a it's a heartbreaking but beautifully done PSA, and I'll have it linked in the description of this episode. Everyone should check it out.



Kelly Sampson 52:07

And our final news item really confirmed something that we talked about from the beginning of the stay at home orders in the pandemic and that's that new reports out of the Center for Abuse and Rape Emergencies, or CARE for short, indicate that orders of protection sometimes known as restraining orders have doubled during the COVID-19 pandemic. CARE states that, in those claims, 86 to 92% of all perpetrators have used firearms to threaten their partners. So if you're worried about yourself or others, the National Domestic Violence Hotline 1-800-478-2316 has a questionnaire to help devise a safety plan and people are standing by to help.



JJ Janflone 52:49

Hey, want to share with the podcast? Let's just now get in touch with us here at Red, Blue, and Brady via phone or text message. Simply call or text us at 480-744-3452 with your thoughts, questions, concerns, ideas, whatever. Kelly and I are standing by.



Kelly Sampson 53:04

Thanks for listening. As always, Brady's life saving work in Congress, the courts and communities across the country is made possible thanks to you. For more information on Brady or how to get involved in the fight against gun violence, please like and subscribe to the podcast. Get in touch with us at [Bradyunited.org](https://bradyunited.org) or on social at [Bradybuzz](https://bradybuzz.com). Be brave and remember, take action, not sides.