Episode 194: What Research Says About Bringing a Gun Into Yo...

SUMMARY KEYWORDS

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SPEAKERS

Dr. Cassandra Crifasi, JJ Janflone, Kris Brown, Kelly Sampson



Kris Brown 00:00

Hello, I'm Kris Brown, President of Brady and I'm here today to share with you some exciting news. We've been selected to receive a share of a \$150,000 grant from Credo mobile. As Kelly JJ and I have often discussed Brady is actively on the ground mobilizing gun violence prevention activists across the country, working directly with lawmakers to enact our life saving change and engaging with communities to find solutions that will keep them safe. But we need money to make that happen. The more public votes we get, the more money we receive to bolster our work to end gun violence. Voting is free, quick and can be done by going to Bradyunited.org/credo that's Bradyunited.org/credo. I know I can count on you to help end the epidemic of gun violence. Thank you so much.



JJ Janflone 01:15

This is the legal disclaimer where I tell you that the views thoughts and opinions shared on this podcast belongs solely to our guests and hosts and not necessarily Brady or Brady's affiliates. Please note this podcast contains discussions of violence that some people may find disturbing. It's okay. We find it disturbing too.



JJ Janflone 01:28

Hey everybody, welcome back to another episode of Red, Blue and Brady. I'm JJ, one of your hosts and I am so glad to have you with me today as I am flying solo, though I do have a phenomenal guest joining me in just a minute. Dr. Cassandra Crifasi. Dr. Crifasi is also a podcaster. But more than that, she is Deputy Director at the John Hopkins Center for gun policy research. I was so excited that she was able to join me today to speak about being a gun owner and a gun violence researcher, and what gun owners tend to think about safe storage, you know, what do they get right? And what do they get wrong? And then what can non gun owners and gun violence prevention? What can we all do better?

Dr. Cassandra Crifasi 02:25

I'm Dr. Cassandra Crifasi. I'm an associate professor in the Department of Health Policy Management at the Johns Hopkins Bloomberg School of Public Health. And I serve as the Deputy Director for the Center for gun violence solutions.

JJ Janflone 02:40

Well I'm always so curious with so many of our guests, you know, what brought you into studying gun violence, specifically?

Dr. Cassandra Crifasi 02:47

It was a windy path. To be totally honest, I had wanted to be an orthopedic surgeon, I played a lot of sports, as a kid got hurt a lot, as a kid still get hurt a lot, unfortunately. But I thought was really cool that you could fix people after they were injured. And so I worked as a nurse's aide in a hospital worked as an EMT for a little while, applied unsuccessfully to medical school, and they said hey, why don't you check out public health? I don't know what public health is, master's degree will probably help me get into medical school. So let me check that out. And within the first couple of weeks discovered injury prevention, and was like mind blown, I didn't realize you could keep people from getting hurt in the first place. That sounds like a way better strategy. And so I got my MPH and then went to Hopkins for my Ph. D program. And then through the course of my PhD program, decided that I needed to delve into the gun policy realm. It was not my original topic of interest, but realized as a gun owner, that maybe I could contribute a different perspective to the conversation.

JJ Janflone 03:51

And that is a unique perspective, but one that I think is so important in this space. And so I'm wondering if you could share a little bit about your journey of gun ownership, but then also what it's like for you to be in many ways, you know, like this double advocate.

Dr. Cassandra Crifasi 04:05

Yes. So my dad served in the military. He served in the army. And so we had guns in the home growing up, it was just a thing that we did. We would go hunting. You know, scouting, we did a lot of scouting. I didn't do so much the hunting at that time. And I went to college in a more rural part of Washington State, a lot of folks went sport shooting, hunting those kinds of things. And I'm a very competitive person. And it turns out, I'm a pretty good shot. And so we'd go you know, clay shooting with shotguns and things upland bird hunting, and it's just a thing that we did. very outdoorsy. And then I met my husband and he was an avid pistol shooter, not something I had ever really engaged in. But again, being competitive, something I was pretty good at and I said, Oh, this is this is fun. We should do give us a shot. And so in the before times before COVID, we were going shooting several times a month and even recently

participating in IDPA. It's the international defensive Pistol Association more as opposed to like standing in a line and shooting in a paper target, you go through scenarios, and you get graded on accuracy and time and all those kinds of things. And just as a, as a recreation, recreational activity, it's been something that we enjoy doing. Some people go to the movies or whatnot, we go shooting, but it is, it's a relatively unique thing. I don't know a ton of other people, particularly from the public health side, who study gun violence prevention, and are sort of active in shooting. I know some folks who have firearms, but maybe aren't as regularly participating in shooting activities. But it sort of helps me understand both sides of the perspective in public health, we talk a lot about making sure that folks who are impacted or who have lived experiences are part of the conversation. But we aren't always quick to think about gun owners as people who should be part of the conversation. And so for me, being able to at least have some perspective on why people might want to own firearms and able to articulate at least for my family, why we choose to have them in the home, what kinds of choices we make to minimize some of the harms that we know, are potentially there because of having firearms in the home. And it also gives me maybe a little bit of credibility with other folks who might immediately say, Well, you just want to take my guns away, I could say, well, I don't want people coming to take my guns away, am I use them responsibly, I'm a lawful owner, you know, but there are things that we can do to make it harder for other people to get them. So like, let's focus on that, as opposed to immediately jumping to, you know, we just want to take everybody's guns away.



JJ Janflone 06:49

I think that's particularly interesting from the sports shooting angle, because I have talked with some folks particularly like in the public health area, especially in the gun violence prevention realm, that are very much you know, that the gun is tied to their livelihoods to say like they're a first responder in some way, or they're really into hunting. And it's it's much more of a hunting sort of cultural norm. I haven't heard that much, I think from sport shooters, because I think that that's just kind of an untapped cultural area that folks don't have a lot of, you know, and by folks on me focus in the broader sort of gun violence prevention world, it's, it's framing this thing that we professionally know, as dangerous as like an area of recreation. And so I think that's a bit of a mind shift, that might be a little difficult for a lot of folks

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Dr. Cassandra Crifasi 06:49

Well, and I think a lot of people immediately default to you own guns for hunting, that's sort of the only recreation that we think about, or you own them for self defense. But there's a huge, huge number of folks who own them for maybe one of those reasons, and also more recreational sort of competitive shooting. And it's a nice way to challenge yourself and to test your skills. And for people who say, Well, I own firearms, because I want to be able to defend myself, I would say, well, you should go sign up for USPSA or IDPA. And actually get out and shoot in controlled environments where you're not just standing in a line and shooting it at a paper target that's not moving, but actually sort of pushing yourself to see how well you do because for me, it can be a real reality check at times to be like, Oh, it was those those a poor poor run on that course. And maybe I need to spend some more time practicing or whatever it is



JJ Janflone 08:26

No, I think that's something that comes up so much. And we've even talked about it here on this podcast is that, you know, folks may purchase a firearm, because they think that's going to protect them in their home, but they don't think about you know, can they actually shoot it? Or, you know, I don't mean to be flippant, but you know, How loud is it going to be? How bright is it going to be things like that, you know, if you choose something because you think it seems very intimidating, the reality of using it is very different.



Dr. Cassandra Crifasi 08:47

Absolutely. And if you like I'm not knocking this, but if you buy a gun for self defense, and you only ever leave it in the gun safe, which is where it should be when it's not in use. But if it only only ever sits in your gun safe, the likelihood that you could successfully use it in a time of crisis, pretty slim, right, knowing how to get it out of the gun safe, knowing where the ammunition is being able to sort of get it ready to go if it actually was needed, which we know is thankfully exceptionally rare. But if you did actually need it in that situation, there are times where you're not going to be able to to get it ready, like you would need to because people don't practice. They're like, oh, I bought this bike and I leave it in the garage and I never ride it but now I'm gonna go ride in 100 mile race, probably not going to be super successful.



JJ Janflone 09:35

Well and then to that to that end to I wonder if we can dial in since you've brought up safes and you know, storing the gun separate from ammunition and all of that. I wonder if we could dial in from the public health perspective on what what is safe or responsible gun storage, what does that look like? And then why is it so important, especially if I'm a homeowner who says well, I need this for protection, so I need it, you know next to me, even if I haven't trained, because that's I'm sure you hear all the time. But that's that's the kind of the go to that I get is, well, if it's at a safe that I don't access it.



Dr. Cassandra Crifasi 10:07

That's a common talking point that we hear well, I can't store my guns in X, Y, and Z way because I need it for self defense. And so I'm going to maybe answer the last part first and circle back, which is, there are a lot of really great technologies that allow people to have their gun stored safely at home, but also facilitate quick access. So there are quick access safes that can be bolted to a floor, a drawer, a dresser, whatever, that come in all different shapes and sizes, that can facilitate easy access for a gun that would be intended for home defense. If you really felt like you needed something more quickly. There are some that you can access in fewer than five seconds. So the idea that you can't have a gun stored safely, and also have it accessible is I think, it's an inaccurate narrative. Maybe folks are sort of misinformed about what's available. And these things don't cost a ton of money. I mean, we're talking, some of them are available for 30 to \$40. There, they're certainly even fancier ones with biometrics and those kinds of things. But there are are very effective keypad quick Access safes that are available. But circling back to the sort of first question about safe and safe cold storage, the way I generally like to think about it is safe and secure. So there's really two components of store storing firearms in the home. So the safe piece, right, we want them stored, unloaded and

separate from ammunition when possible. So again, this is a place where sometimes folks push back because they say, well, if I have it for home defense, I need the ammunition handy, readily available, which if in that context of that home defense or self defense firearm, okay, but maybe for the ones that you're not using for that, in that same way you can store the ammunition separate, the firearm should be unloaded when not in use. And then the secure piece is the locked up part of it. And there's really a spectrum or sort of a range. Not every storage device or strategy is going to work perfect for all gun owners, there are some where maybe you're not using them very often at all, and you store them with a cable lock or other internal barrel locking device. And then you can put them in a gun, say for example, others, maybe you just store them in, in a gun safe. But at the end of the day, there needs to be not a one size fits all solution, people need to have a range of strategies that they can choose from that help them make the decision that's right for them, but also reduce the likelihood that their guns might be accessed by somebody who shouldn't have them or or unintentionally used to harm somebody else.



IJ Janflone 12:47

Well, and that points to so a study that you had been involved in that I found really concerning. But then when I think sort of anecdotally of growing up in a community where folks own guns, and this is how I knew, you know, if I were to ask, you know, folks, even in my family, you know, do you store your gun safely? They would say absolutely, but safe to them is how they would define it in their head is it's in a closet, and my kids know not to touch it. And and so one of one of the stats, and one of the studies, you know, which will be linked to in this for this episode was, you know, basically that more than one half of gun owners don't store their guns and by this inaccessible to folks who are not the owner in that way. And I'm wondering, how do you want if you could break down the study for us, but then also like, how do we bridge the gap of saying like, I know that you think that what you're doing is incredibly is safe and the right thing to do because it is in a closet, or it is locked in your bedroom side table with sort of a traditional, you know, lock and key. But that's unfortunately not enough.



Dr. Cassandra Crifasi 13:51

Yeah, so the study that we did was a nationally representative study of gun owners as a survey that we did through GFK. And we actually started off doing focus groups with gun owners. So I'm, I'm a gun owner, yes, I have family members and friends who are gun owners, but gun owners are not a monolith. And people have all sorts of different backgrounds and perspectives. And so we wanted to talk with other folks who own firearms and ask them, you know, what kind of language do you use around this? What kinds of things are you doing the home? What does it mean for you when when you're thinking about safety? And we asked this on on a range of topics, not just on storage, but for the context of this conversation, focusing on the storage piece, we learned a lot about some of the home defense concerns around storage and actually heard from them. This was back in 2015. We heard from a lot of gun owners that they just think that's a silly argument that it's not most folks that they would think of as responsible gun owners are not the people who were making these claims. It was folks who were trying to advance an agenda who who maybe were less concerned about, you know, responsible ownership and trying to get somebody to buy something or you know, whatever, trying to sell something to somebody, but we heard a lot from them and learned a lot about different language and safety pieces. And that's what informed the questions that we asked

about how people store their firearms, the kinds of things that influence whether they store them safely or not. So we were able to develop this very robust survey. And we asked folks, again, in this nationally representative online survey, we asked folks how they stored their firearms, and we asked if they stored some all or none of their guns in these particular ways. And then we we sort of categorized folks into storing all their guns safely, which meant that they were locked up and separate from ammunition, or not, if they had at least one firearm that was not stored safely. Some of the things that influenced that decision, if you were concerned about home defense, you were way less likely to store all your guns locked up. If you had kids in the home, or if you had taken a training course that influenced your storage decisions where they sort of specifically talked about these pieces that made it more likely that you were going to store your gun safely, again, in that safely being locked up and separate from ammunition. But I find it very interesting when people talk about sort of safe storage being I've hidden it somewhere where my kids can't find it, I've put it on a shelf, I've put it somewhere else, because there's really, really important research that shows about 70% of kids know where their parents hide their guns, even though parents will say they have no idea. Because kids are curious, right? Many of the things that we love about them, their their exploration, and their creativity and their curiosity, are the same kinds of things that can lead them to find our firearms when we think they might be safely stored otherwise. And we also hear well, I taught my kids good safety practices, you know, I tell them not to touch them. And so you know, they're not, they're not going to do that. And I do the same thing with my kids, or we have kids in the home, our guns are tools, they're not toys, you shouldn't touch them unsupervised, you should do X, Y, and Z things if you do see them. But they're also teenagers and teenagers are impulsive. And so our firearms are locked up separate from ammunition, every time they're not in use. Because kids can go through a time of crisis, they can find something they might be, you know, experiencing some event that makes them feel very impulsive, and there's no rewind button on a on a trigger, you know, once once that bullets fired. And so it's important that we minimize those potential harms by actually storing our guns safe and secure, not just telling our kids not to touch them.



JJ Janflone 17:42

Yeah, I've always when people talk about how you know, their kids aren't going to find the weapon or their their kid knows better, you know that they are a gun owner, and they've taught their kids to respect the gun. And so they can kind of predict how their kid is going to behave with it. And I just think of all of the, you know, the shenanigans that I grew up to when I was younger, the things that my parents still don't know that I did. And so that's more realistic than not, I think kids do find everything.



Dr. Cassandra Crifasi 18:05

And we know, you know, if you look at some of the research on the effectiveness of like the Eddie Eagle program, for example, in getting kids to not do the right thing, and not just Eddie Eagle, there have been other programs, but then it doesn't actually work. In fact, if you teach kids about firearms in some studies, and then you sort of leave them in a place where they might find a firearm there, they may be more likely to play with it than if they hadn't been told what it was. And I'm not saying we should not teach kids about guns. If you have kids in the home and you choose to have guns in the home, you should definitely be teaching them about

firearm safety and the rules of firearm ownership and all those kinds of things. But you don't stop there. You also should be making sure that they're safe and secure every time they're not in use.



JJ Janflone 18:51

And I think sort of what you touched on, too is the the suicide prevention angle of this as well, which I which I know is, you know, that is injury prevention. That is that is a massive part of public health, especially when we're thinking about firearm injury, Injury. And that's one of the I don't think folks realize, from what I've I've read from some of your work is that having that pause of having to go to a safe having to go to get the ammo that stored separately, like that can be really vital for not just adults, but then for child and teen suicide as well. Right?



Dr. Cassandra Crifasi 19:24

Yeah. And I'm sure folks who listened to your podcast, this is no surprise that the leading cause of firearm death is suicide. Right? This is a important concern. You know, we've been seeing increases in firearm suicide among children and adolescents like this is a pressing issue that we need to be thinking about. And you're right, one of the core tenants of injury prevention, we sort of think about the different strategies and one of them is separating in time and or space. You know, the the person that's to be protected from the thing that can cause harm. And so that delay in having to Access a firearm, getting the ammunition, making it ready, all of those delays in time can create an opportunity to intervene. And we also know I'm not a suicide prevention expert. But I've done work in this area. And I have colleagues who are have immense expertise if you are knighted but not able to access a firearm, and that is your planned mechanism for a suicide attempt, you may not attempt because you were not able to operationalize that specific plan. We also know that firearms are exceptionally lethal and far more lethal than other forms of suicide attempt. And so even if you did substitute to a different mechanism, you're far more likely to survive that attempt. Meaning that we would see overall reductions in suicide in addition to reductions in firearm suicide when you limit access effectively through safe and secure storage. And a lot of folks think, well, this isn't an issue in my house, I don't need to worry about this, you know, my kids are all fine. And I think hopefully COVID is helping people realize a lot of us are fine until we're not. And so it's really important that every time we're thinking about safe and secure storage, when guns are not in use, because we never know what might happen. I mean, if the last three years haven't sort of illustrated for us that, you know, anything could happen at any time. Now, you know, monkey pox look out like it's just crazy.



|| Janflone 21:26

Do you think this sort of, especially in a COVID, or post COVID world or wherever it is that we're living? Now? I'm not quite sure. Do you think that the shift and framework of gun violence is being thought of as a public health issue? Do you think that that's going to help move the needle at all? Or do you think this might just say kind of, you know, unfortunately, business as usual?

Dr. Cassandra Crifasi 21:46

Unfortunately, I think we are at a place where opinions and sort of personal beliefs have far outweighed data and science and all of these pieces. And it is important that we use stories to communicate data, and the effectiveness or the concerns around a particular topic. But we have in many instances just defaulted to, you know, the story or my opinion is, is the end all be all, and we forget about the data piece. And I think it makes it very challenging to effectively communicate on sort of injury prevention, broadly. But you know, thinking about firearms, specifically, because it becomes a very polarized and dismissive conversation. Well, I don't think that or that doesn't apply to me. And so people are very quick to sort of brush things aside, as opposed to being open to having some of these conversations, and I'm painting with a very broad brush here, like, you know, this, I'm making very broad generalizations. Not everybody is feeling this way. But it can make it harder because people spend too much time focusing on the things we don't agree on, as opposed to saying, Okay, we both, we both want our communities to be safe. We want our families to be safe, what are some opportunities where we can come together and agree so that we can make progress?



関 JJ Janflone 23:09

Well, and on that on sort of the the things that make people safer? You mentioned that from some of the work that you've done, you found that folks that had training, or they had been in like a sort of a, like a firearms community group that was emphasizing the importance of safe storage, that they were more likely to store things. Do you think it's just because there was more education? Or do you think because then you have this peer group that's backing you up, that you're making the right decision in your home for your family?

Dr. Cassandra Crifasi 23:34

I think it's a couple of things. So I think it is education, although we don't have good data that education in and of itself is important. I think it's quality of education and thinking about how that education is articulated. So from a credible messenger is really important. It's one thing for somebody who has a lot of expertise, and has been shooting for a long time to say this is the right way to store your firearm, versus you know, somebody else who is perceived as not having any experience and like, why would I listen to you. But also I think you're right, it's having a group of peers where you perceive the norm, to be safe and secure gun storage as opposed to the exception. So I think having these conversations, first of all, just normalizing talking about guns is really important. And then going a step further and normalizing talking about how gun should be stored in the home, promoting safe and secure storage, talking about ways that you can have quick and easy access or an authorized user, but still also have them safely stored is important to help us again, think about what are the things that folks are doing and who is sort of a credible person to talk about those pieces.



JJ Janflone 24:48

Well and you have some really exciting new work coming out now to right around around training and firearms ownership more broadly.

Dr. Cassandra Crifasi 24:55

I mentioned earlier that we don't have great data on training. So what the effectiveness of training is. But I have a project right now we're just getting ready to start pilot testing this system. But in partnership with our applied physics lab, we created a virtual reality system that can test the appropriateness and accuracy of civilian gun use and common situations they might encounter. Very, very cool to see this thing being built, we wanted to have an immersive environment where we could see how people perform. And we'll sort of in this pilot, we're gathering data on people's sort of gun ownership experience, what kinds of activities they engage in, what kind of training they may have had, whether we have a concealed carry license, all those kinds of pieces. So we can look to see, are there things right now that we can say, are more or less helpful in the way people should handle these different kinds of encounters, and start to change that conversation, and eventually, maybe have a system that people could use as part of a training program? Where people can see, okay, how do I do? You know, how do I perform? Do I shoot the cash register? Or do I hit the bad guy? Do I, you know, hit the civilians outside through the window? Because, you know, as I said, I shoot IDPA? Well, not right now, because my wrist is broken, but I wish I was shooting IDPA regularly, but it takes a lot of space and time. And and, you know, you have to have the resources to set that up, which isn't always feasible. But having these immersive virtual reality systems can give people a little bit more of that kind of experience without having to have all of those other pieces in place.

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🛐 JJ Janflone 26:33

No, and I think that that brings up a really important point, too, you know, that I come back to, you know, training like that is so key, because I think it leads into a new conversation that maybe we should be having about, you know, what sort of guns should you own? And should folks own guns at all, you know, like, because I know myself that I know that if I were in that training, exactly what sort of, you know, shooting response I would have, which would be that it would be terrifying. Right? It would not be good, I would not be good at it. And I think sort of just that self awareness of how we actually would respond to something is really useful to have.

Dr. Cassandra Crifasi 27:05

Yeah, I think I have a colleague who's a firearms trainer up in Philadelphia, Mr. Jose Morales, he's fantastic, super thoughtful. And he and I talk a lot about people assume that a firearm is their best self defensive option for home defense, or whatever it might be. But that's not true for everybody. And it shouldn't be the first line of defense. So yes, we have firearms in the home. And yes, you know, we've got some setup for home defense, if needed. But we also have a dog, and we have an alarm system. And we have cell phones on which we could call 911 If there was an issue. And so, you know, thankfully, we've never had to use our firearms in a home defensive situation. Hopefully, we will never have to and I would hate to be in that kind of situation. I wouldn't wish that on anyone. But it's important to reflect on is this the right thing? Or are there other things that you can do because owning a firearm is it's a responsibility, it's like having a kid you you now have this thing that you need to know where it is all the time and take care of it and make sure that you're you know doing all the right things with it. I realized I just compared to kids and guns together I'm sure that I'm gonna get lambasted for that. But the point is like you it there's a responsibility that comes along with it.



JJ Janflone 28:26

Yeah, it's the Glock isn't gonna throw a house party while you're away. But you are taking on it's a, it is a huge burden of responsibility that because it is a thing you can own it does get treated, I think sometimes really flippantly. And it's because of its potential for harm that you have to be really careful.



Dr. Cassandra Crifasi 28:43

Well, I think people you know, we've talked about sort of use and handling and in the context of suicide, maybe somebody who's unauthorized or unsupervised getting access. But equally important that I don't think gets enough attention is theft, firearm theft from cars and from the home that is probably far more likely to happen to someone's firearm than to need it for defense because someone is breaking into your home. And so if anybody has guns that they're storing in their car, please store them in a gun safe in your car, don't just leave them out and don't leave your car unlocked. We hear from law enforcement all the time, that there are crews that go into neighborhoods, you lift enough car door handles, some are going to be open, you open up enough cars, some of them are going to have guns and it's an it's becoming an increasingly important source of guns into an underground market that can be used to harm others. And just in the home, right? If you are a lawful and responsible gun owner, it's should be important to you that your guns are not stolen and used again to harm others and so making sure that they're stored safe and secure in the home when not in use is really important.



JJ Janflone 29:53

Do you think an increase in the CDC funding for gun violence study, do you think that that's going to help as well because it gets the snowball rolling?



Dr. Cassandra Crifasi 30:02

I really hope so for two reasons, we have had two and a half decades of researchers who were actively dissuaded from entering the field because there was not substantial public health funding for an immense public health problem. So our field is much, much smaller than it should be. And there are just some basic things that we need answers to that we really need federal funding for, because, you know, private foundation funding is great. And it has been sort of holding us over in the last two and a half decades. But it's, it's not enough. It's, there's only so much philanthropy money to go around. And we really need large scale federal investment in this issue. And so I'm hopeful that we can get a better understanding of policies and programs that can be effective, but also innovation, we've really been lacking innovation. And I'm particularly thinking about programming and how we can evolve some of the community based violence prevention programs that have shown promise, but maybe they need to catch up with the times with social media and some of these other things that are sort of received disputes initiating in places not on street corners, they're they're initiating online and rap songs or whatever it is. And so we need that sort of federal funding for innovation and then to evaluate those innovation.



But where can folks find you? Where can folks find more of the work that that is coming out? Whether it's, you know, that they're encouraged, they want to go get now they're their degree and fall into this or they, you know, want to learn more as a firearms owner, non firearms owner? The whole shebang?

Dr. Cassandra Crifasi 31:39

Absolutely. So folks can email me crifasi@jhu.edu, you can find me on Twitter at Dr. Crifasi. You can find us on public health.edu or public health.jhu.edu/gunviolencesolutions. Um, you can find us on Instagram center for gun violence solutions. Same with YouTube. So a lot of our webinars and content we put out on on YouTube, which is great. If you are interested in a PhD program, let me know I run one of our PhD programs in Health and Public Policy and happy to talk with you about whatever path that might look like or an MPH as well. So always happy to chat with folks.

JJ Janflone 32:21

And I will link to all of those in the description of this episode, as well as your podcast, which does not explicitly deal with gun violence, but it's still if you're into sort of public health and all these intersections, I think is really helpful. Thank you.

JJ Janflone 32:35

Okay, so Dr. Crifasi is amazing. Clearly, I think we can all agree on that. But one of the things that that I can't get over that she brought up, it's just sort of this, this need for even more research this need for even more credible messengers. I feel like we talk about this all the time on the podcast, but really, you know, the fact that change needs needs to be coming from, you know, not not just research and sort of not just advocates but credible messengers, you know, folks that occupy all these spaces all at once. And I think that that's clearly what is happening here. And I would love to see more of it. So I can't wait to see more research coming out by Dr. Crifasi, but also by Johns Hopkins more broadly, and other folks.

JJ Janflone 33:15

Hey, want to share with the podcast? Listeners can now get in touch with us here at Red Blue Brady via phone or text message, simply call or text us at 480-744-3452 with your thoughts, questions, concerns, ideas, whatever, Kelly and I are standing by.

Kelly Sampson 33:30

Thanks for listening. As always, Brady's life saving work in Congress, the courts and communities across the country is made possible thanks to you. For more information on Brady or how to get involved in the fight against gun violence. Please like and subscribe to the

podcast. Get in touch with us at Brady united.org or on social at Bradybuzz. Be brave and remember, take action not sides.